

# LARUE COUNTY 4-H

## APRIL NEWSLETTER



### POSTER CONTEST

DEADLINE:  
APRIL 7TH,  
2025

#### Prizes:

- Every participant will receive a ribbon and points toward the 4-H Awards Point System.
- Champions in grade levels 4-8 and high school level receive a rosette.

#### Rules:

- Posters must be 14"x22" (1/2 of a standard poster board). No foam core board is allowed.
- 4-Hers may use any medium including markers, crayons, watercolors, oils or collage.
- Posters cannot be 3D.
- The poster must relate to 4-H in some way. For example the poster may be an advertisement for 4-H, depict your favorite 4-H activity, or show what activities are available in 4-H. (National themes can not be used).
- Copyrighted cartoon characters may not be used.
- The 4-Her's name, age, grade, full address and school must be written in the upper left corner on the BACK of the poster in addition to a brief statement about the message of the poster.



### Attention Teens!

Interested in serving in a state leadership role in 4-H?

**KY 4-H Officer applications are due April 1st, 2025**

**KY 4-H Teen Council and leadership board applications are due April 21st, 2025**



### 4-H FORESTRY PLANT A TREE PROMOTION



#### OPEN TO LARUE COUNTY YOUTH

Submit a photo of youth with planted tree to:  
[mwilmoth@uky.edu](mailto:mwilmoth@uky.edu)

All submitted entries will be entered into a drawing.

Five participants will win \$20 each from  
LaRue County 4-H.

**Deadline: April 22nd, 2025**



### HELLO SPRING



LaRue County  
PO Box 210, 807 Old Elizabethtown Rd  
Hodgenville, KY 42748  
270-358-3401  
[larue.ca.uky.edu/](http://larue.ca.uky.edu/)

Sincerely,

*Misty Wilmoth*

Misty Wilmoth  
LaRue County Extension Agent  
For 4-H Youth Development  
[mwilmoth@uky.edu](mailto:mwilmoth@uky.edu)

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506




Disabilities  
accommodated  
with prior notification.



# APRIL



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1  <b>LARUE COUNTY 4-H SCHOLARSHIP APPLICATIONS DUE TODAY</b>  <b>KY 4-H OFFICER APPLICATIONS ARE DUE TODAY</b>  WRANGLER HORSE CLUB 6 PM AT LARUE COUNTY EXTENSION SERVICE	2  COOKING CLUB 4-5:30 PM AT LARUE COUNTY EXTENSION SERVICE	3  SHOOTING SPORTS 6:30 PM AT NEW HAVEN GUN CLUB	4	5
6  DOG CLUB TRAINING 5:30 PM AT STEPHANIE FLORENCE HOUSE *Call the extension office at 270-358-3401 for the address*	7  <b>POSTER CONTEST DEADLINE</b>  4-H COUNCIL MEETING 5 PM AT LARUE COUNTY EXTENSION SERVICE	8  BEFORE SCHOOL CLUB 7:25-7:50 AM AT LCMS  GARDENING CLUB 5 PM AT LARUE COUNTY EXTENSION SERVICE	9	10	11  <b>CLASS OF 2025 LARUE COUNTY 4-H CORDS APPLICATIONS DUE TODAY</b>	12
13	14  LIVESTOCK CLUB 6 PM AT LARUE COUNTY EXTENSION SERVICE	15  DOG CLUB 6 PM AT LARUE COUNTY EXTENSION SERVICE	16  CANOE & KAYAK CLUB 6:30 PM AT LARUE COUNTY EXTENSION SERVICE	17  SHOOTING SPORTS 6:30 PM AT NEW HAVEN GUN CLUB	18  <b>SPEECH &amp; DEMONSTRATION REGISTRATION DEADLINE</b>	19
20  	21  SPEECH & DEMONSTRATION CONTEST 3:30 PM AT LARUE COUNTY EXTENSION SERVICE <b>*REGISTER IN ADVANCE*</b>  <b>KY 4-H TEEN COUNCIL &amp; LEADERSHIP BOARD APPLICATIONS DUE TODAY</b>	22	23	24  CLOVERBUDS 5 PM AT LARUE COUNTY EXTENSION SERVICE	25  TEEN CLUB 2 PM AT LCHS GREENHOUSE CLASSROOM	26
27	28	29	30			



# Speech & Demonstration COUNTY CONTEST

Scheduled time slots will begin at 3:30 PM

## Speeches

- Speeches are divided by age group for judging.
- Speeches may be on any topic, but must be 3-5 minutes long for juniors and 5-7 minutes long for seniors.

## Demonstrations

- Demonstrations are divided by category or topic and should include demonstrating how to do something or how to make something.
- Time requirements for demonstration are 5-15 minutes.
- Visual aids are a large part of the judging for demonstrations. The best demonstrations usually focus on 4-H project work as the categories are divided that way. What can you demonstrate that ties in with your 4-H project work?



April 21st at the  
LaRue County Extension Service

Call 270-358-3401 or email

[mwilmoth@uky.edu](mailto:mwilmoth@uky.edu)

to register for a time slot!

ATTENTION  
PLEASE!

## Country Ham Participants

You are required to present your country ham  
speech at the county level.

Topics:

Junior (Born 2015-2011) : Steps to curing a country ham

Senior (2006-2010) : Design a country ham curing facility for your  
county's ham project.



## COFFEECAKE WITH TOPPING



From 4-H  
Cooking 101,  
page 59  
Yield:  
9-12 servings

### INGREDIENTS:

- ¼ cup firmly packed brown sugar
- 1 teaspoon cinnamon
- 1 tablespoon all-purpose flour
- 1 tablespoon butter or margarine
- ½ cup chopped nuts (optional)

### EQUIPMENT:

- Non-stick cooking spray
- Flour Sifter
- Waxed paper
- Measuring cups
- Spatula or knife
- Measuring spoons
- Mixing bowls, 1 large, 2 small
- Pastry blender or fork
- Whisk or fork
- 2 mixing spoons
- Scraper
- Small pan for melting fat
- Baking pan (8"X8")
- Wire rack
- Hot pads

### INSTRUCTIONS:

1. Make the topping first. Measure the brown sugar, cinnamon, and flour into the small mixing bowl and mix well.
2. Measure the fat. Cut it into the flour-sugar-cinnamon mixture. Ask someone to show you how to do this.
3. Add nuts (if you are using them) and mix well. Set topping aside until you need it.
4. Preheat the oven to 3750 F.
5. Lightly coat the baking pan with non-stick cooking spray.
6. Break the egg into the mixing bowl, and beat with a whisk or fork.
7. Add the sugar, milk, and melted fat or oil to the egg, and stir until all is mixed.
8. Sift the flour once; then measure it. Add to second small mixing bowl. Add salt and baking powder. Stir flour mixture.
9. Add flour mixture to the egg mixture, and stir only until dry ingredients are wet. The batter will look lumpy. Too much mixing causes tunnels.
10. Put into the prepared pan. (Use the rubber scraper so that you won't waste batter.)
11. Use the mixing spoon to sprinkle the topping evenly over the top of the batter in the pan.
12. Put into the preheated oven. Bake about 25 minutes. The coffeecake will spring bake when lightly touched and begin to pull away from the edge of the pan when it is done. The top will be a golden color dotted with the dark brown topping.
13. Take out of the oven. Allow pan to cool. Cut cake into pieces while it is still in the pan. Use turner to remove cake pieces from the pan. Serve warm.

### TIPS:

#### Baking Tip for Topping:

To "cut in" butter or margarine, use pastry blender or fork.

- To use a **pastry blender**, hold the handle and press the blades into the butter while rotating your wrist from side to side. Move the pastry blender around in the bowl until the pieces of butter are the size of small peas. The mixture will have a crumbly texture.
- If using a fork, press the fork down through the butter or margarine to break it into small pieces. The mixture will have a crumbly texture.

#### Baking Tip for Coffeecake Batter:

For melted fat, you may use melted butter, margarine, or shortening in the batter. Or you may choose to use oil.





# HIPPOLOGY CLINIC



4-Hers from LaRue and Adair County attended the Hippology Clinic at the Kentucky Horse Park Visitor Center in Lexington on March 8<sup>th</sup>.

LaRue County: Morgan Redner and Oakleigh Wells  
Adair County: Tenley Kelley

## Cooking Club



**Cooking Club made Tuscan Chicken & Pasta with LaRue County Extension Service NEP Program Assistant, Susan Riggs.**



**Link to Recipe:**

<https://www.planeatmove.com/recipes/recipe/tuscan-chicken-and-pasta/>



# WRITTEN COMMUNICATIONS RESULTS



## "What 4-H Means to Me"

Alli Marshall - Junior - Champion

## Infographic

Hunter Locke - Junior - Champion

Cyrus Bivens - Senior - Champion

## Poetry

Morgan Redner - Junior - Champion

Hunter Locke - Junior - Reserve Champion

Caroline Falk - Junior - Blue

Ella Cundiff - Junior - Blue

Leo Falk - Junior - Blue

Daniel Falk - Cloverbud

## Press Release

Cyrus Bivens - Senior - Champion

Eva Falk - Senior - Champion

Avery Bivens - Senior - Reserve Champion

## Public Service Announcement

Avery Bivens - Senior - Champion



## TEEN CONFERENCE

**FIND YOUR SPARK AND BUILD FRIENDSHIPS**

**10th - 13th June 2025**

**About Our Event**

Kentucky 4-H Teen Conference is a comprehensive leadership development event tailored for high school 4-H members. This conference is designed to provide youth with a multifaceted experience that combines educational workshops, leadership training, community service, and social activities.

**Event Highlights**

- Majors**  
These workshops are held on the University of Kentucky campus, offering a unique opportunity for youth to experience college life and explore the academic resources available at UK.
- Leadership Minor**  
Focuses on developing essential leadership skills through targeted activities and discussions.
- Day of Service**  
Participants engage in community service projects throughout Lexington.
- Social Activities**  
These activities include CLOVER Fest, a formal dance, dorm life experience, and area night-out events. These events provide a fun and relaxed environment for youth to connect with their peers.

**JOIN US!**

CONTACT MISTY WILMOTH  
LARUE COUNTY 4-H AGENT  
mwilmoth@uky.edu or 270-358-3401

WEBSITE  
larue.ca.uky.edu

# EXTENSION EXPO

## 4-H CAMP WINNER



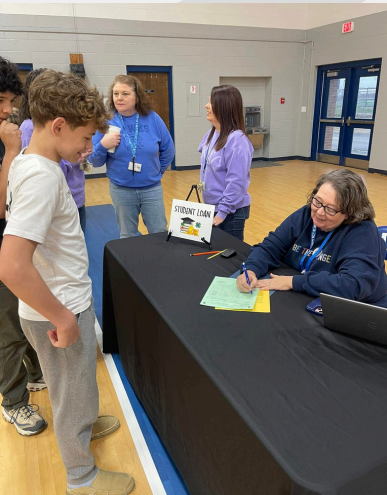
# CAIDENCE GOOTEE







# 4-H REALITY STORE



**All 8th graders at LaRue County Middle School participated in the 4-H Reality Store on March 20th. A special thank you goes to all our community volunteers who helped make this event possible including Lincoln National Bank, Magnolia Bank, Abound Credit Union, LaRue County Schools, LCMS Youth Service Center, Nolin RECC, and several other individual volunteers.**



# Teen Summit

LaRue County 4-Hers Hunter Locke,  
Avery Bivens, Ella Cundiff and Hardin County  
4-Her Keara Knight attended Teen Summit at  
Lake Cumberland March 20th-22nd.





# GARDENING CLUB

Gardening Club created seed mats at the March meeting. Gardening Club meets on the 2<sup>nd</sup> Tuesday of each month at 5pm at the Extension Office.





# Little Caesars Pizza Sales Results



**Elijah Reiman  
Top Seller  
Sold 24 Kits!**



**THANK YOU FOR PARTICIPATING  
IN OUR PIZZA KIT FUNDRAISER!**



**Clay Green  
Caidence Gootee  
Clay Stillwell  
Emma Stillwell  
Claire Hill  
Hunter Locke**

**Penelope Estes  
Scarlett Shaw  
William Shaw  
Kinsly Detre  
Morgan Redner  
Maleah Ball**



# Volunteer

## Spotlight



Jenna  
Meredith



Jenna Meredith is a co-leader of the LaRue County 4-H Dog Club. She became a volunteer to help provide new opportunities to youth, they otherwise would not have had. She enjoys the smiles on their faces and the hard work from the members working with their dogs. Growing up in 4-H, Jenna has had several first hand accounts of different opportunities the program has to offer. When volunteering, she now can witness others being afforded those same opportunities and their growth through the program. One of her favorite memories has been watching the LaRue County 4-H Dog Club grow in the past year, and it's members working to achieve new skills.

LaRue County 4-H thanks Jenna for her volunteer service and for helping the 4-H Dog Club continue and grow. Her knowledge, skill, and experience with dog training is an asset to the club and its members.

