

# LARUE COUNTY 4-H NEWSLETTER

KENTUCKY  KENTUCKY STATE UNIVERSITY  
COOPERATIVE EXTENSION

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

LaRue County  
PO Box 210, 807 Old Elizabethtown Rd.  
Hodgenville, KY 42748-0210  
(270) 358-3401  
larue.ca.uky.edu



LARUE COUNTY 4-H  
**TALENT SHOWCASE**

**OPEN TO ALL AGES**

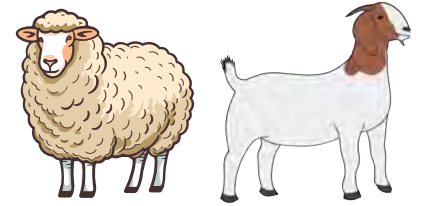
Get ready to unleash your talent!

Prizes for all participants!  
Cloverbuds will not be judged  
call 270-358-3401 or  
email [mwilmoth@uky.edu](mailto:mwilmoth@uky.edu) to register

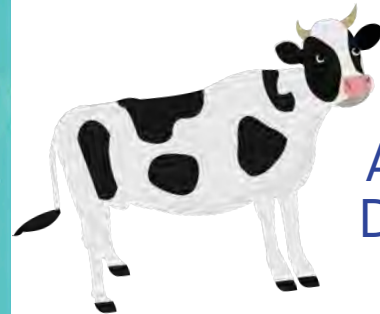
3:00pm at the LaRue County Extension Service

Don't miss the chance to be part of this dazzling showcase of creativity and skill!  
Individual acts, group acts, and club acts welcome!

MAY 11



August 1 -  
Sheep and Goat Show



August 2 -  
Dairy Show



August 3 -  
Poultry, Dog, & Beef Shows

## LARUE COUNTY FAIR

**AUGUST  
1ST - 3RD, 2024**

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities accommodated with prior notification.



# COUNTRY HAM WASHING

Country Ham Washing  
will take place on  
Monday, May 6th from  
3:30-5:30 p.m.

## ATTENTION 4-H CAMPERS

### **SAVE THE DATE**

**Mandatory Camper Orientation**  
June 3rd - 3:30pm  
OR  
June 6th - 6:00pm  
**CAMPERS MUST ATTEND ONE!**

**Mandatory Lice check**  
Monday, June 17th  
3:00-4:30p.m.



# Calendar of Events

## MAY

- 5/4 - Canoe and Kayak Club Salem Lake Outing
- 5/6 - 4-H Country Ham Washing >>>> 3:30-5:30pm
- 5/6 - 4-H Fair Committee Meeting >>>> 6:00pm
- 5/7 - Wranglers Horse Club >>>> 6:00pm
- 5/11 - 4-H Talent Showcase >>>> 3:00pm
- 5/11 - Hardin County 4-H Livestock Tagging
- 5/13 - Livestock Club >>> 7:00pm
- 5/14 - Gardening Club >>>> 5:00pm
- 5/14 - Dog Club Training >>> 6:00pm (Bring Dogs)
- 5/15 - Canoe & Kayak Club >>> 6:30p.m
- 5/15 - Cloverbud Camp Registration Deadline
- 5/16 - Shooting Sports >>> 6:30pm at the New Haven Gun Club
- 5/17 - Teen Club >>>> 2:00pm at the LCHS Greenhouse Classroom
- 5/21 - Dog Club >>> 6:00pm NO DOGS (Show etiquette and fair show rules)
- 5/23 - Cloverbuds >>> 5:00pm





Inbound Program

2024 International Exchange  
July 21<sup>st</sup> – August 16<sup>th</sup>

Open your Home to the world this summer! Host a Japanese, Korean, or Taiwanese youth aged 12-18. Host families must have a child within 3 years of age of the exchange child.

Hosting Details

- Dates: July 21<sup>st</sup> - August 16<sup>th</sup>
- Host a student aged 12-18 (majority are 12-14) or an adult chaperone
- Kentucky is hosting Japanese and Taiwanese students
- Youth have a range of English language abilities, so host families should be prepared to communicate creatively
- No stipends are provided

Host Family Requirements

- Must have child of the same gender who is within 3 years of the host youth (children aged 9+ are eligible)
- Families without children can host an adult chaperone
- No special activities need to be planned since youth want to experience American culture, make friends, and improve their English language skills



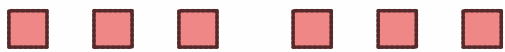
ATTENTION  
PLEASE

# PLANNING TO SHOW LIVESTOCK?

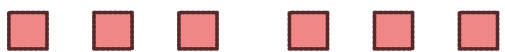
Upcoming tagging  
dates & locations:



Hardin County Fairgrounds,  
Saturday, May 11th, 9:00-11:00 a.m.



Warren County (Expo Center),  
Tuesday, May 14th, 5:00-7:00 p.m.



Spencer County High School,  
Wednesday, May 15th, 5:00-7:00 p.m.

- Before tagging Market animals, a form signed by your certified livestock leader and 4-H Agent is required
- If you plan to show Breeding Livestock, you must contact Misty Wilmoth by May 15. Youth must be registered this year with hours verified by May 15th.
- Contact Misty Wilmoth at 270-358-3401 or [mwilmoth@uky.edu](mailto:mwilmoth@uky.edu) to verify completion of hours or if you have any questions regarding the requirements

**MAY 15TH IS THE DEADLINE!**

# 4-H VOLUNTEER SPOTLIGHT



# Mark Thurman

MARK IS A VOLUNTEER WITH SHOOTING SPORTS AS A CERTIFIED .22 RIFLE COACH.

MARK'S 4-H EXPERIENCES GO FAR BEYOND 2004 WHEN HE STARTED VOLUNTEERING. MARK CHOSE HIS CAREER IN THE ELECTRICAL TRADE AS A RESULT OF A 4-H CLASS THAT FIRST EXPOSED HIM TO ELECTRICITY.

MARK ENJOYS SEEING 4-HERS TRY DIFFERENT DISCIPLINES IN SHOOTING SPORTS. HE REMEMBERS A TIME WHEN A 4-HER DID NOT WANT TO TRY SHOOTING .22. MARK ENCOURAGED HER TO WATCH THE OTHERS AND THINK ABOUT IT. AFTER A COUPLE OF SHOTS, THE 4-HER DECIDED TO TRY. SHOOTING FIVE ROUNDS, THE 4-HER HIT THE TARGET EACH TIME. MARK REMEMBERS THE ACCOMPLISHING GRIN THE 4-HER DISPLAYED AS SHE COLLECTED HER TARGET.

MARK BELIEVES YOUTH BENEFIT FROM THE 4-H PROGRAM. MANY 4-HERS WILL COME IN RESERVED AND THEN BECOME LEADERS, ENCOURAGING OTHERS TO PARTICIPATE.





Cyrus Bivens presented a champion 4-H demonstration in the Senior Health category on how to begin a fitness routine. Avery Bivens presented a champion 4-H demonstration in the Junior Visual Arts category on how to draw a transformer. Anna Shaw is the champion in the Junior Performing Arts category with her 4-H demonstration on beginner pointe ballet.



LaRue County 4-H  
16-18 Year Old  
Mock Interview Champion

The Kentucky 4-H Wildlife Challenge provides an opportunity for 4-Hers to test their wildlife knowledge in a friendly competition. This year the contest was held on April 16 at Raven Run Nature Sanctuary in Fayette County. During the contest, youth completed a series of questions related to wildlife species identification and general wildlife knowledge.

Results:

**Junior Level Team**

1st Place Team - Eva Falk, LaRue County; Colton Hunt, Nelson County; Gretchen Anderson, Nelson County

**Individual**

2nd Place Individual - Eva Falk, LaRue County

**Senior Level Individual**

1st Place Individual - Ben Falk, LaRue County



# 4-H Horse Camp



The Martin-Gatton College of Agriculture, Food and Environment is an Equal Opportunity Organization with respect to education and employment and authorization to provide research, education information and other services only to individuals and institutions that function without regard to economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity.

Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.

Inquiries regarding compliance with Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments, Section 504 of the Rehabilitation Act and other related matter should be directed to

Equal Opportunity Office, Martin-Gatton College of Agriculture, Food and Environment,  
University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546,

the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building,  
University of Kentucky, Lexington, KY 40506-0032 or

US Department of Agriculture, Office of the Assistant Secretary for Civil Rights,  
1400 Independence Avenue, SW, Washington, D.C. 20250-9410.

*Congratulations!*



**Congratulations to Ben Falk as  
the recipient of the LaRue County  
4-H Hager-McDowell  
Scholarship!**



4-H

# POULTRY BBQ

DAY CAMP



## CAMP WILL FOCUS ON

- FOOD & FIRE SAFETY
- POULTRY GRILLING BASICS



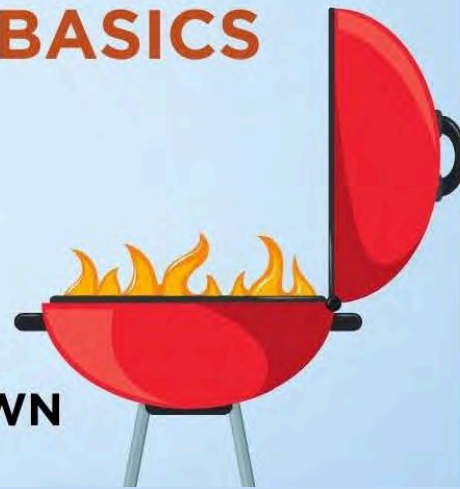
**JUNE 5, 2024**

**9:00 AM - 2:30 PM**



**HARDIN CO EXTENSION OFFICE**

**111 OPPORTUNITY WAY - ELIZABETHTOWN**



Call  
**270-358-3401**  
to register





**KAYLEE RUCKER**  
**9 YEAR OLDS**



**REED MILLS**  
**10 YEAR OLDS**



**ANNA SHAW**  
**11 YEAR OLDS**



**ELLEE MARKSBURY**  
**12 YEAR OLDS**



**AVERY BIVENS**  
**13 YEAR OLDS**



**JACE DETRE**  
**14 YEAR OLDS**



**CYRUS BIVENS**  
**16 YEAR OLDS**



**ELLA THOMAS**  
**17 YEAR OLDS**



**SPEECH**  
**CONTEST**  
**CHAMPIONS**



DIXON WHITMORE  
9 YEAR OLDS



CLAY STILLWELL  
10 YEAR OLDS



HUNTER LOCKE  
11 YEAR OLDS



HARPER GARDNER  
12 YEAR OLDS



CHARLIE RAGLAND  
13 YEAR OLDS



JAKE MARKSBURY  
16 YEAR OLDS



JULIAN BROOKS  
17 YEAR OLDS



# SPEECH CONTEST RESERVE CHAMPIONS



TANNER  
SKAGGS



MACKENZY  
RUCKER



JACKSON  
THOMAS



ABBY  
SHAW



CORY  
RAGLAND



KALEB  
HOWARD

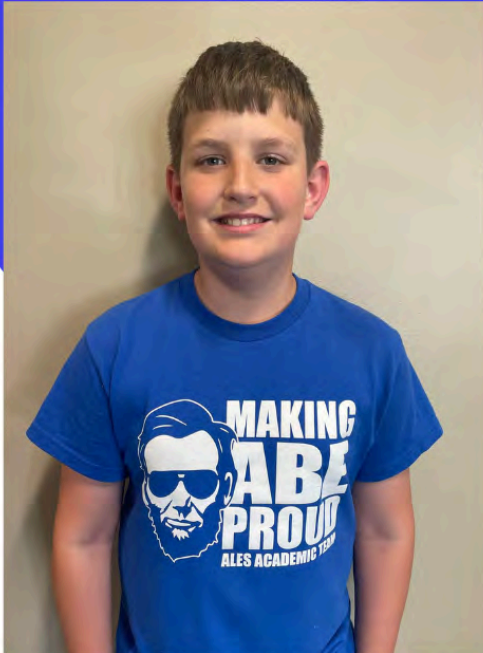


# SPEECH CONTEST PARTICIPANTS





ELLA  
CUNDIFF



JOEL  
HINTON



HAYDEN  
GARDNER



TATE  
STULTS



RYLAN  
HINES



# SPEECH CONTEST PARTICIPANTS



# YEA-REAP Summer Program 2024

## June 23rd-June 28th



Being a teen leader is a big responsibility! It provides opportunities for young people to develop leadership skills and make a difference in their community and beyond. The 1890 Youth Innovators Empowering Agriculture Across America (YEA) REAP Summer Program is an opportunity to serve the local, regional, and national 4-H program, the largest youth development agency in the U.S. Teens will provide insight into culturally relevant programs and help increase minority participation in Agriculture, STEM, and college and career preparation programs through 4-H. They will also design and implement a regional service learning project with youth from other historically black colleges and universities.



**Scan the code to apply**  
*For more information  
contact:*

## 4-H Youth Development Grows True Leaders

- Opportunity to grow as a leader and network with youth and faculty across the United States
- Applications are due by close of business May 15, 2024
- Flip to next page for more details!



# 4-H FAIR RECIPE

## RECIPE: Brownies



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service  
4-H Youth Development

From 4-H Cooking 101, page 67

Yield: 16 squares

### Ingredients

1/2 cup sifted all-purpose flour  
1/3 to 1/2 cup cocoa  
1/3 cup butter or margarine  
(not reduced fat)  
1 cup granulated sugar  
2 eggs  
1 teaspoon vanilla  
1/2 cup chopped nuts (optional)

### Equipment

Non-stick cooking spray  
Flour sifter  
Waxed paper  
Measuring cups  
Knife or spatula  
Measuring spoons  
Mixing bowl  
Mixing spoon  
Small microwave-safe bowl for melting fat  
Small bowl  
Scraper  
Baking pan (8" X 8" or 9" X 9")  
Hot pads  
Wire racks



16 squares

### Order of Work

1. Preheat the oven at 350° F.
2. Lightly coat the baking pan with non-stick cooking spray.
3. Sift flour once; then measure it.
4. Measure cocoa. Sift flour and cocoa together onto waxed paper and set aside.
5. Measure fat and melt it in the microwave. Time will vary depending on microwave.
6. Pour melted fat into mixing bowl. Measure the sugar and mix it with the melted fat until creamy.
7. Break one egg into a small bowl; then mix it well with the sugar and fat. Do the same with the other egg.
8. Add the vanilla and mix.
9. Add the flour-cocoa mixture and stir until all is mixed.
10. Add the nuts and stir until they are mixed in.
11. Put into the prepared pan. Use the rubber scraper to clean out the bowl.
12. Place into the preheated oven.
13. Bake for about 25 minutes or until brownies spring back when lightly touched. They will be an even dark brown color on top. Brownies baked in a 9-inch square pan will bake quicker and be thinner than those baked in an 8-inch square pan.
14. Take the pan out of the oven. Use hot pads because the pan is hot.
15. Place pan on a rack to cool. Cut into approximately 2-inch squares to make 16 brownies. When cool, store in a container with a tight lid.

Baked products by Lucy Wilson  
Photographs by Martin Wilson



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EXTENSION

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### Nutrition Facts per Square:

137 calories, 7 g fat, 40 mg sodium, 18 g carbohydrate, 1 g fiber, 2g protein, 6 mg calcium

### For the fair:

After the brownies have completely cooled, choose three. Place them on a disposable plate. Place the plate in a re-closeable zip-type plastic bag.



# 2024 FORESTRY PLANT A TREE PROMOTION



## EARTH DAY

